Instruction Manual

Thank you for choosing our Infrared Sauna!

Index

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IMPORTANT SAFETY GUIDES

READ AND FOLLOW ALL INSTRUCTIONS

A) Reference to the warning marking provided with the sauna, indicating the importance of attaching the marking, using the nails provided in the intended location, at eye level.

B) A receptacle shall not be installed inside the heated room.

C) The door of the heated room do not include any locking or latching system, malfunction of which could cause entrapment inside the heated room.

D) Keep the intended ventilation open when use the dry-bath bathing room.

E) CAUTION: Hyperthermia occurs when the internal temperature of the body reaches a level several degrees above the normal body temperature of 98.6°F(37℃). The symptoms of hyperthermia include an increase in the internal temperature of the body, dizziness, lethargy, drowsiness, and fainting. The effects of hyperthermia include:

a) Failure to perceive heat;

b) Failure to recognize the need to exit the room;

c) Unawareness of impending hazard;

d) Fetal damage in pregnant women;

e) Physical inability to exit the room; and

f) Unconsciousness.

WARNING – The use of alcohol, drugs, or medication is capable of greatly increasing the risk of fatal hyperthermia.

F) CAUTION: IF THE MANUALLY RESETTABLE TEMPERATURE-LIMITING CONTROL TRIPS FREQUENTLY, A QUALIFIED SERVICEMAN SHOULD BE CONTACTED.

G) CAUTION: IT IS UNLAWFUL TO INSTALL THIS UNIT WITHOUT FIRST OBTAINING A PERMIT FROM THE LOCAL ELECTRICAL INSPECTION AUTHORITY.

H) WARNING: REDUCE THE RISK OF ELECTROCUTION AND BURNS, DO NOT OPERATE UNLESS GUARD IS IN PLACE.

I) CAUTION: EXCESSIVE EXPOSURE CAN BE HARMFUL TO HEALTH. PERSONS WITH POOR HEALTH SHOULD CONSULT THEIR PHYSICIANS BEFORE USING SAUNA.

J) CAUTION: REDUCE THE RICK OF FIRE, DO NOT PLACE COMBUSTIBLE MATERIAL ON HEATER AT ANY TIME.

K) WARNING: REDUCE THE RISK OF OVERHEATING:

a)EXIT IMMEDIATELY IF UNCOMFORTABLE, DIZZY, OR SLEEPY, STAYING TOO LONG IN A HEATED AREA IS CAPABLE OF CAUSING OVERHEATING.

b)SUPERVISE CHILDREN AT ALL TIMES.

c) CHECK WITH A DOCTOR BEFORE USE IF PREGNANT, IN POOR HEALTH, OR UNDER MEDICAL CARE.
d) BREATHING HEATED AIR IN CONJUNCTION WITH CONSUMPTION OF ALCOHOL, DRUGS, OR MEDICATION IS CAPABLE OF CAUSING UNCONSCIOUSNESS.
L) WARNING: REDUCE THE RISK OF ELECTROCUTION, DISCONNECT THE SUPPLY CONNECT BEFORE SERVICING.

SAVE THESE INSTRUCTIONS

1. Introduction

We welcome you to the most affordable infrared sauna in the nation! We also congratulate you on your new path to better health! Thousands of users enjoy the benefits of infrared saunas every day. Infrared saunas help you burn calories, reduce toxins, relieve pain and even clear complexions. Now you can enjoy the great benefits of far-infrared heat within the privacy of your own home.

We strive to deliver superior home health products at an affordable price. Our list of clients grows daily and we believe that your success is our success. Our staff has over 15 years of combined professional experience and is ready to provide you with excellent customer service.

2. Health & Beauty Benefits

Relieve pain: The far-infrared rays of our sauna accelerate the blood circulation and supply more oxygen to the body. Increased blood circulation diminishes inflammation, relieves pain, and speeds up recovery. Infrared saunas have also been used to treat bursitis, rheumatism, arthritis, and hemorrhoids. Increased blood circulation not only alleviates internal ailments, but also skin conditions such as psoriasis, eczema and scars. Good circulation is essential for smooth and firm skin.

Burn calories & fat: The far-infrared rays of the SaunaGen sauna eliminate extra salt and subcutaneous fat. Burn up to 600 calories in one half hour session versus a half hour of jogging which burns 300 calories, and a half hour of cycling burns 225 calories.

Relax your body and mind: It supplies you for a special environment with 30℃-65℃. The far infrared wave pass through your body, speed the metabolism, accelerate the blood circulation, bring the fresh oxygen and nutriment into the organization, the rubbish expel from body along with the sweat, renew the energy quickly, then relieve tiredness. When enjoying the wave, you can listen to the music in CD , it can relax your body .Besides, far infrared sauna can cure the insomnia, and other other stress related disorders.

3. Highlights

a. High quality craftsmanship
b. Automatic thermostat for constant temperature
c. Timer and buzzer: buzzer sounds 5 minutes before the end of session
d. Digital sensor and thermometer

e. Infrared heating pipes

f. AM/FM Car Stereo w/ CD player and speakers (***room style model only***)

Installation

1. Installation requirements

a. Do not plug any other appliances into the outlet with your infrared sauna.

b. Install the sauna on a completely level floor.

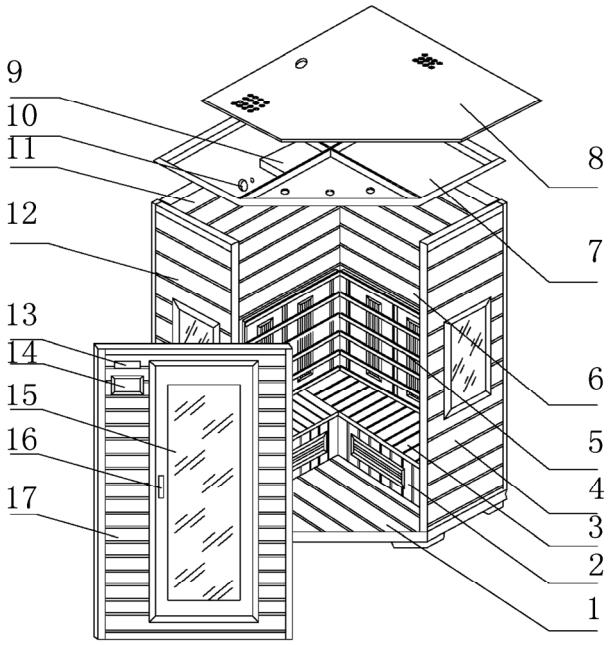
c. Do not spray the exterior with water. If the floor is damp, install a floor separator to keep the sauna high & dry.

Do not store flammable objects or chemical substances near the sauna.

Installation procedure

Sauna Room:

1. Structure of Infrared Sauna. **See FIG-1**



1、bottom board
2、sitting baffle
3、bench
4、right side board
5、backrest
6、right back side board
7、internal top board
8、external top board
9、electric control box
10、fan
11、left back side board
12、left side board
13、FM/AM/CD player
14、digital panel
15、door
16、door handle
17、front board

2. One unit packed into two cartons. See FIG-2

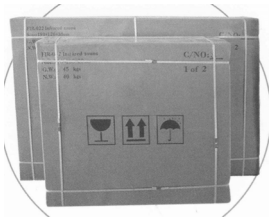


FIG-2 two cartons

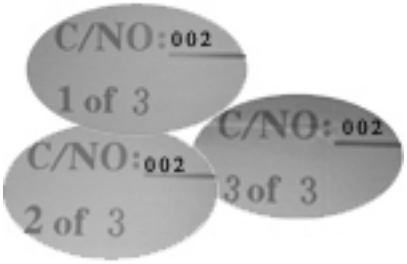


FIG-2.1 carton no.

Check the C/NO. on both cartons if they are the same. If not, please notify the store/website you purchased your Infrared Sauna. **corner sauna are packed in 3cartons**, for example: C/NO: 002 1OF 3, C/NO: 002 2 OF 3 and C/NO: 002 3 OF 3 are for one unit. See **FIG-2.1**

Make sure all parts are present before installing the unit. See packing list below.

A. User manual B. Bottom board C. Back Board D. Left side board E. Right side board
F. Sitting baffle G. Sitting board H. Back rest I. Front board J. Internal top board
K. External top board L. CD Player M. CD player back cover N. Screwdriver O. Towel shelf
P. Left back side board Q. Right back side board

3. Place the bottom board in the desired location of your sauna, and make sure which side is the front and which side is the back. **See FIG-3.**

FIG-3 Placing bottom floor

FIG-4 Assembling left back-side board

4. Align the left back side board with bottom board's corresponding battens; make sure they are in line. Assemble the left board and right board by using the latching.**See FIG-4**

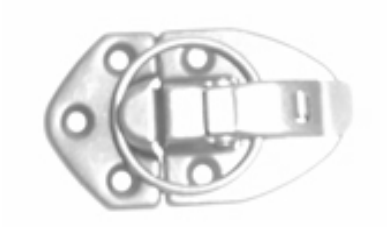


FIG-5 Latching

5. The latch has a guide tab that must be placed in the guide slot for alignment. Pick up the back panel (hold it upright to the floor panel) and place the tab in the slot, do not latch at this time. When the back wall and the front wall/side wall are set together on the floor panel, close and pin the latches. **See Figure 5**

6. Align the right side board with bottom board's corresponding battens, make sure right side board fits flush into right back-side board. Latch it. Do the same way when assemble the left side board. **See FIG-6**

7. Hold the long sitting baffle with heater along the left back side board, and the right side board's

corresponding slot then place it vertically into these slots. Note: Please make sure this board is in the slot; otherwise the sitting board will become unstable. **See FIG-7**

FIG-6 Assembling the left and right side boards

FIG-7 Assembling long sitting baffle

8. Hold the short sitting baffle along the left and right sideboard, and the short sitting baffle's corresponding slot then place it vertically into these slots. Notes: Do make sure this board is in the slot; otherwise the sitting board will become unstable. **See FIG-8**

9. Connect the electrical wire in the left and right back board with corresponding wire in the sitting baffle. Note: Please make sure they are tightly connected; otherwise the heater will not work. **See FIG-9**

FIG-8 Assembling short sitting baffle

FIG-9 connecting the wire

10. Put the sitting board horizontally on corresponding battens of the right back side board. **See FIG-10**

FIG-10 Assembling sitting board

FIG-11 Fix the backrest with screws

FIG-12 Assembling front board

FIG-13 Assembling the inner top board

11. Screw the backrest onto the backboard. **See FIG-11**

12. Align the front board with bottom board's corresponding battens, and then latch it with the left and right boards respectively. Note: Take caution of the glass door to avoid damage. **See FIG-12**.

13. Put all of the wires outside to leave enough space for setting up the top board (section 9). **See FIG-13**. Open the door, raise the top board high enough to see if it fits with the surrounding boards, and then put down.

14. During the course of putting down the internal top board, make sure all the wires (mentioned above) and connecting plugs are slipped through the corresponding holes of the top board. All these wires will be led into connecting with the controller on the internal top board. **See FIG-14**

15. All the infrared heaters are pre-assembled. **See FIG-15.** Connect all the wires and connectors to the corresponding outlets on the top board. Please be sure that all the plugs are connected tightly.

FIG-14 put through the wire

FIG-15 linker on the outer top board

16. After that, put down the power plugs of the speakers, temperature sensor, control panel and CD player through the hole near the fan on the top board. **See FIG 16**

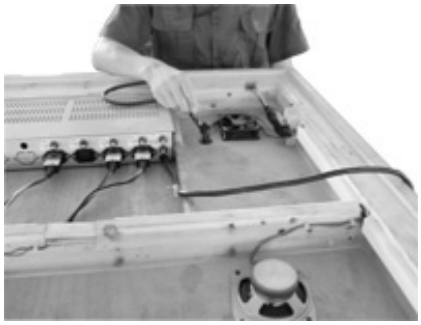


FIG-16 Leading the wires of heaters onto the board through the corresponding hole

17. Take out the car stereo with CD player, check its spare parts, put the stereo into the CD frame. Then screw the attached stereo support to the stereo. **See FIG-17, 17.1, 17.2, 17.3** Note: CD player on selected model only.

FIG-17 Checking CD spare parts

FIG-17.1 Fixing CD

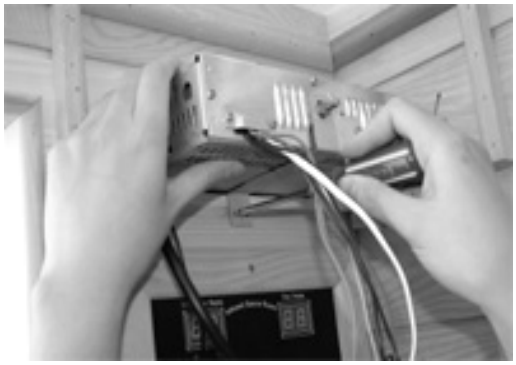


FIG-17.2 Fix the CD to the metal support

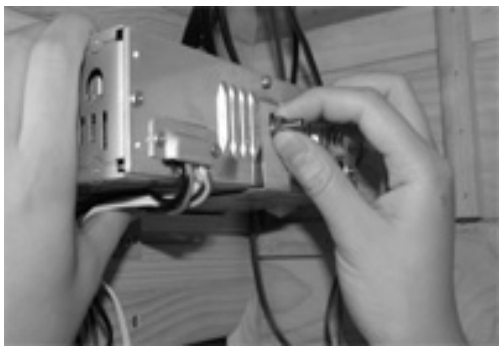


FIG-17.3 Lock the CD with its metal support

18. All the wirings from top board should be linked with corresponding connectors of the control panel, the CD player, the temperature sensor and the radio antenna. Otherwise, the sauna will not function if any connections are missed. **See FIG18-21.**

FIG-18 Link the CD connectors

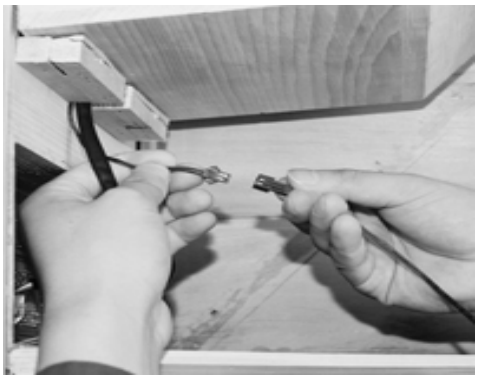


FIG-19 Link the sensor connectors

FIG-20 Link the control panel connectors

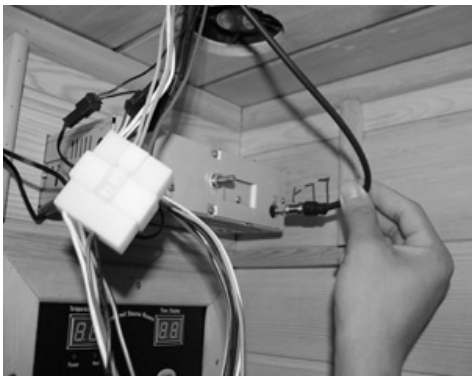


FIG-21 link the antenna connectors

19. Take down the bag of screws affixed to the CD box; use a cross screwdriver to screw in the CD Box over the CD player. **See FIG-22, 22.1**

FIG-22 CD player back cover and screws

FIG-22.1 Fix the CD player back cover with screws

20. Making sure all steps are finished correctly, plug in the power and try using the sauna at first to make sure it will work properly. Then put the external top board over the internal top board, and take out the power plug through the corresponding hole in the external top board. **See FIG-23**

FIG-23 Take out the power plug through external top board

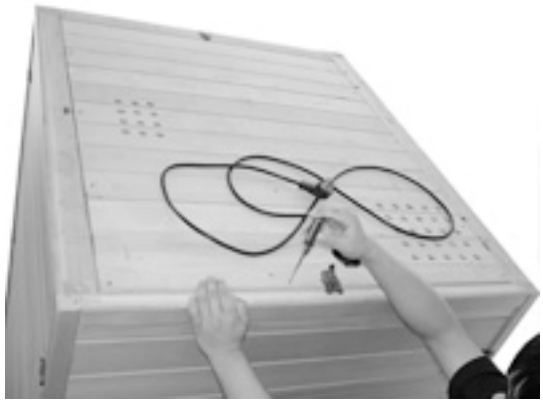


FIG-24 Fix the external board with screw

21. Take the screws affixed on the external top board, then set up the board using the cross screwdriver. See FIG-24

22. Installation completed.

Operation

1. Precautions

a. Check all the circuitry and the plug meet all requirements.

b. Set the temperature and time to a comfortable level, normally, 30 minutes at 120ºF.

c. Drink a cup of water before the sauna session.

d. After 2 hours of continuous use, shut the sauna down for one hour.

f. To avoid burns, do not touch the heating element.

2. Operation

a. plug the sauna into a 110-120volt-wall outlet which is stated in nameplate. Do not share the outlet with any other appliances. Plug the unit into the outlet and use the ON/OFF switch to activate the sauna. Sauna should be **unplugged** when not in use.

b. Press the 'temperature' button ▲、▼to increase or decrease the temperature. Every time the '▲' button is pushed. If pressed for three seconds, the setting will increase quickly. Decrease the temperature in the same manner by pressing the '▼' button. After the sauna reaches the desired temperature, the 'heat' light turns off.

c. Press the 'time' button ▲、▼to set the using time. The same operation as b. When the display time is "05",the buzzer will clew 1 minute.

d. Press the 'light' button to turn the interior light on and off.

e. After your sauna session, turn off, and unplug the power cable.

f. To set the time press the 'function' button until the 'time" button blinks. Press the '+'and '-' buttons to set the timer from 5 to 60 minutes. If pressed for three seconds, the timer will increase quickly. When the display reads '05', the timer will buzzes then the machine will shut off automatically after 5 minutes. To extend the sauna session, reset the timer again.

g.The Fahrenheit and Centigrade display can be switched: press the temperature button "+" and "-" at the meantime, then press the button of "light" to switch

f.CD Player

Please read the instruction of our car stereo with CD player.

Warnings

1. Safety precautions

a. To avoid fire, do not dry clothes or leave any towels in the sauna.

b. To prevent burns or electric shocks, do not touch or use metal tools on the net cover of the far infrared heater elements.

c. While in the sauna, do not touch the light bulb. If the bulb needs to be changed, switch it off and wait until the sauna is shut off and the bulb is cool

d. Do not spray water on the far-infrared tube. This activity may result in electric shock or damage to the heater elements.

e. Do not use the infrared sauna if you have any of the following conditions:

1. Open wounds
2. Eye diseases
3. Sever sunburns
4. Elderly & weak people, especially those suffering from a disease, pregnant women and infants are prohibited. Children over the age of 6 years may use the sauna under the supervision of adults.
5. If suffering from a disease directly related to temperature, seek the advice of a doctor before using.
6. Do not place pets in the sauna.
7. Do not use the sauna if you are under the effects of alcohol.

Trouble Shooting:

	problem	possible reason	countermeasure
1	indicator light for power supply not working	The connector is not connected properly	Check the connector or replace a new one
		No power supply input	chick the circuitry (especially weather there is power supply input)
		Indicator light is broken	replace the circuitry panel
2	Indicator light for function is not working	The heating indicator light is broken	Replace the relevant control panel
		The circuit board or components are broken	Replace the circuit board
		the temperature sensor is broken	check the connect is loosen and replace it
3	Infrared Heater not heating up	The heater is broken	Replace with a new one Of the same specifications

		The wire junction or the heater's wire is loosen	Check and make them tight
		the temperature sensor is broken	check junction of the temperature sensor is loosen and replace it
		the circuit board of the relay is not work	replace the circuit board
4	Odor from the sauna	The circuit's problems	1) there is eyewinker around, remove it 2）some heater's temperature over high,cut off the power supply,replace it 3) parts on the circurity is broken
5	Light bulb is not working	Light bulb is burned out	Replace the light bulb
		Light bulb wiring is loosen	Replace the lamp holder
		electron transformer is broken	Replace the electron transformer
		Problems with electrical control panel	Repair or replace it
6	Speaker does not work	The speaker is broken	Replace with a new one of the same specifications
		The speaker wire is loosen	Reconnect the speaker wire
		The power indicator light for CD is off	Turn on the switch to start work
7	CD-Player doesn't work	Power connector is loose or damage	Check connector or replace it
		DC power supply is no power to the CD-player	Check DC power supply wiring or replace the power supply
		CD-player is defective	Replace the CD-player
		CD-player protection fuses is burnt out	Replace the fuses
8	Sauna is not power up	Power cord is unplug	Plug back power cord to outlet
		Outlet has no power	Check outlet or circuit breaker
		Power supply or circuit panel is broken	Replace the power supply or related circuitry board
9	The temperature display show "EP"	The connector of temperature sensor is loose or sensor damaged	Tighten the connector of temperature sensor or change to a new temperature sensor.
10	The temperature display show "H"	The temperature inside the sauna room is too high	Turn off the unit, and contact the manufacture.

11	The temperature display show "00", and the temperature on the display is lower than 5 ℃ after 5minutes.	some of heaters don't work	check whether all heaters are working, change to new heater

Maintenance

Cleaning

Clean the faceplate with a wet towel, or clean with a small amount of hand-soap mixed with warm water if necessary. Clean the sauna room with a wet cotton towel, dry with a clean dry towel. ***Do no use benzene, alcohol, or strong cleaning chemicals on sauna. NOTE: Any chemical that can damage wood material will damage the sauna and the protection layer that is on the wood.***

****** Do not leave the sauna or CD player on for more than 2 hours at a time. ******

Transportation and storage

1. **Avoid exposure to rain, snow or strong collisions during transport.**
2. Do not store in damp environments.

Packing list

1Xfloor panel
1Xfront panel
1Xleft side panel
1Xright side panel
1Xback left side panel
1Xback right side panel
1Xinner top cover
1Xouter top cover
2Xsitting baffle(one big and one small)
2Xsitting panel(one big and one small)
6X Heater for each unit
2 X Cup shelves
1X Light bulb
1X Light housing
1X CD player and 2X Speakers
1X CD player back cover
1X Backrest
1X Bag of screws and bolts
1X Hand screwdriver
1X Instruction manual